



## My Good Deed

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### What is “My Good Deed?”

At the beginning of the week each child is given a small plastic bag containing six “My Good Deed” paper slips.

Each child is asked to do good deeds at home and for others whom they know and ask for payment for doing their good deed. When they do a good deed, they fill in the slip. They can write on the slip what they’ve done or they can draw it. The money is put into the bag along with the completed slip. The good deeds don’t have to be big or complicated. They can be in relation to the child’s age and capabilities. So, for a young child it might be:

- ◆ Tying my shoe laces
- ◆ Feeding the cat
- ◆ Putting my clothes away

For the older child it might be:

- ◆ Walking the dog
- ◆ Laying the table
- ◆ Vacuuming the floor

At the end of the week, the child brings their plastic bag containing their money and completed good deed slips to the group leader. The group leader gives a Big Yellow Friday sticker to every child who returns their bag.

### Who can take part?

My Good Deed is a fun and easy way for groups of children (at school or an organisation such as Brownies etc) to take part in Big Yellow Friday.

This would be an ideal school activity. It would be simple to organise through the class teacher, involving them in little work. The project could be extended with each class displaying their good deed slips on the wall.

### What can CLDF provide?

- ◆ Sets of plastic bags containing six My Good Deed slips in each.
- ◆ Big Yellow Friday materials e.g. posters, stickers, explanatory letter to carers, flyers.
- ◆ Named contact at CLDF to support your efforts.

### Getting a school or organisation involved

- ◆ CLDF need supporters to champion Big Yellow Friday.
- ◆ CLDF can provide supporters with a template letter of approach to school heads, or organisation leaders, which explains the scheme.
- ◆ At the end of the week, the organisation or school will need to count the money and send as a cheque to CLDF. Supporters could collect the money on behalf of CLDF and create a photo opportunity.

### Recognising and supporting your efforts

- ◆ CLDF would be pleased to have a photograph of a group or class who have taken part in My Good Deed. It could be submitted for inclusion in CLDF’s magazine, Delivery.
- ◆ CLDF can assist with local publicity. Contact our Press and Communications Officer John Orchard on 0121 212 6015 or send him an email to [communications@childliverdisease.org](mailto:communications@childliverdisease.org)
- ◆ Contact Laura at CLDF on 0121 212 6010 or email [byf@childliverdisease.org](mailto:byf@childliverdisease.org) to talk through how we can help.